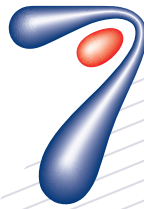


NovoSeven[®] RT
Coagulation Factor VIIa
(Recombinant)



Talking to your doctor about NovoSeven[®] RT?

Sharing your experiences with Glanzmann's thrombasthenia is key when it comes to finding the right treatment plan.

Emily lives with
Glanzmann's
thrombasthenia with
resistance to platelets.



What is NovoSeven[®] RT?

NovoSeven[®] RT (coagulation Factor VIIa, recombinant) is an injectable medicine used for:

- Treatment of bleeding and prevention of bleeding for surgeries and procedures in adults and children with hemophilia A or B with inhibitors, congenital Factor VII (FVII) deficiency, and Glanzmann's thrombasthenia with a decreased or absent response to platelet transfusions
- Treatment of bleeding and prevention of bleeding for surgeries and procedures in adults with acquired hemophilia

**Please see additional Important Safety Information throughout.
Please see accompanying Prescribing Information.**

Start the conversation about your treatment plan.



Finding the best treatment plan for living with Glanzmann's thrombasthenia is important. Complete this doctor discussion guide and bring it to your next appointment.

Mark your discussion topics.

1

Check off which topics you'd like to share with your health care team:

I'd like to know more about how I can treat bleeds at home.

I'd like to know how I can better manage menstrual bleeding.

I would like to learn more about treatment options for nosebleeds that last longer than several hours.

I would like to know how best to prepare and treat long lasting bleeds.

I'm planning a trip to the dentist or planning a surgery and would like to create a treatment plan.

I'd like more information on how to best address severe bleeds.

I want to know how my symptoms compare to those experienced by others with Glanzmann's thrombasthenia.

Other:

Important Safety Information

What is the most important information I should know about NovoSeven® RT?

NovoSeven® RT may cause serious side effects, including:

- **Serious blood clots** that form in veins and arteries with the use of NovoSeven® RT have been reported

**Please see additional Important Safety Information throughout.
Please see accompanying Prescribing Information.**

Share your experiences with bleeds.

2

How often do you usually experience bleeds?

More than
once a week

Once
a week

More than
once a month

Once
a month

Less than once
a month

3

How often does a bleed require more treatment than expected?

More than
once a week

Once
a week

More than
once a month

Once
a month

Less than once
a month

4

How often does your current treatment not control your bleed?

Always

Often

Sometimes

Never

5

Do bleeding episodes usually interfere with school or work?

Always

Often

Sometimes

Never

Important Safety Information

What is the most important information I should know about NovoSeven® RT? (cont'd)

- Your healthcare provider should discuss the risks and explain the signs and symptoms of blood clots to you. Some signs of a blood clot may include pain, swelling, warmth, redness, or a lump in your legs or arms, chest pain, shortness of breath, or sudden severe headache and/or loss of consciousness or function
- Your healthcare provider should monitor you for blood clots during treatment with NovoSeven® RT

Please see additional Important Safety Information throughout.
Please see accompanying Prescribing Information.

Prep for your appointment.

6

Write down any specific questions or additional information your health care team should know.

Important Safety Information

What is the most important information I should know about NovoSeven® RT? (cont'd)

- You should not use NovoSeven® RT if you have ever had allergic (hypersensitivity) reactions, including severe, whole body reactions (anaphylaxis) to NovoSeven® RT, any of its ingredients, or mice, hamsters, or cows. Signs of allergic reaction include shortness of breath, rash, itching (pruritus), redness of the skin (erythema), or fainting/dizziness

Please see additional Important Safety Information throughout.

Please see accompanying Prescribing Information.

Capture the conversation.

7

Notes from your visit.

Important Safety Information

What should I tell my healthcare provider before using NovoSeven® RT?

- Tell your healthcare provider if you have any of the following, as these may increase your risk of blood clots:
 - congenital hemophilia and are also receiving treatment with aPCCs (activated prothrombin complex concentrates)
 - are an older patient particularly with acquired hemophilia and receiving other agents to stop bleeding
 - history of heart or blood vessel diseases
- Tell your healthcare provider and pharmacist about all the medicines you take, including all prescription and non-prescription medicines, such as over-the-counter medicines, supplements, or herbal remedies

What are the possible side effects of NovoSeven® RT?

- The most common and serious side effects are blood clots
- Tell your healthcare provider about any side effects that bother you or do not go away, and seek medical help right away if you have signs of a blood clot or allergic reaction

Please see additional Important Safety Information throughout.

Please see accompanying Prescribing Information.

Novo Nordisk Inc., 800 Scudders Mill Road, Plainsboro, New Jersey 08536 U.S.A.

NovoSeven® is a registered trademark of Novo Nordisk Health Care AG.

Novo Nordisk is a registered trademark of Novo Nordisk A/S.

© 2020 Novo Nordisk US20NSVN00089 September 2020

